

106 KAR 5:005. Definitions for 106 KAR Chapter 5.

RELATES TO: KRS 36.250, 36.255, 36.260, 36.270, 39A.010, 39A.020, 39A.050, 202A.011, 209.030, 222.005(15), Chapter 309, 645.270

STATUTORY AUTHORITY: KRS 36.260(5), (8)

NECESSITY, FUNCTION AND CONFORMITY: KRS 36.260(5) and (8) require the Kentucky Community Crisis Response Board "KCCRB" to promulgate administrative regulations relating to the operation of crisis response services and as necessary to execute the duties of the board. This administrative regulation defines the terms used in this chapter.

Section 1. Definitions. (1) "Approved" means reviewed and accepted by the KCCRB.

(2) "Community Crisis Response Team" or "KCCRT" is defined at KRS 36.250(2).

(3) "Continuing education hour" means at least fifty (50) contact minutes of participation in a course of education established in accordance with 106 KAR 5:020.

(4) "Core competency" means the skills acquired by successful completion of a board approved continuing course of education and training relating to the provision of crisis response, psychological first aid, psychoeducation, and disaster behavioral health services.

(5) "Crisis" means an event that has the potential to create significant human distress.

(6) "Crisis response" means provision of support to a survivor, first responder, or other affected person in psychosocial distress in order to:

(a) Aid the individual to:

1. Regain a sense of control over the immediate situation; and
2. Reestablish problem-solving abilities; and

(b) Deliver psychological first aid, psychoeducation, and disaster behavioral health services, using the following methods:

1. Exploring the person's experience with the crisis or disaster;
2. Identifying current priority needs;
3. Assessing functioning and coping skills;
4. Providing reassurance, normalization, psychoeducation, and other practical assistance;

and

5. Making appropriate referrals as needed.

(7) "Disaster" is defined at KRS 39A.020(7), and includes a distressful event of such severity and magnitude as to cause human distress sufficient to warrant disaster behavioral health services in order to supplement the resources of the Commonwealth, local governments, and disaster relief organizations.

(8) "Disaster behavioral health services" means the rapid mobilization of qualified disaster outreach personnel to provide crisis response and psychological first aid.

(9) "Disaster outreach personnel" means:

- (a) Behavioral health professionals;
- (b) Peer professionals;

(c) Adults with life experiences or cultural or multilingual skills necessary to identify and communicate with a survivor or other affected person; or

(d) Other support personnel, not licensed or credentialed as behavioral health professionals, necessary to provide disaster and crisis response services.

(10) "Executive administrative committee" means an advisory committee that makes policy recommendations to the full KCCRB, and is comprised of the:

- (a) Chair of the KCCRB;
- (b) Chair of the KCCRB membership committee;
- (c) Chair of the KCCRB education and training committee; and

(d) KCCRB Executive director.

(11) "Kentucky Community Crisis Response Board" or "KCCRB" means the administrative body established by KRS 36.225.

(12) "Lead agency" means the KCCRB in its role as coordinator of disaster behavioral health services in accordance with the Kentucky Emergency Operations Plan, developed as required by KRS 39A.050(2)(c).

(13) "Membership committee" means the crisis response team committee established in accordance with 106 KAR 5:010.

(14) "Peer professional" means:

(a) A person licensed, certified, or otherwise credentialed, as required by his or her authorizing body, in emergency services, law enforcement, or rescue and recovery; or

(b) An unlicensed, uncertified, or otherwise noncredentialed person who has been trained and approved by the board as having core competency.

(15) "Provider" means an organization or individual recognized by a national, federal, or state human services organization as qualified to provide comprehensive crisis response training and continuing education.

(16) "Psychoeducation" means the provision to a survivor, first responder, or other person, of information about human post-trauma reactions, including:

(a) Normal reactions to abnormal situations;

(b) Grief and bereavement;

(c) Stress management;

(d) Effective coping strategies; and

(e) Recognizing indications that professional help is needed.

(17) "Psychological first aid" means the alleviation of immediate psychological trauma suffered by a survivor, first responder, or other affected person.

(18) "Psychosocial distress" means a reaction to an event that is:

(a) Outside the person's usual realm of psychological and social experience; and

(b) Markedly distressing.

(19) "Qualified health professional" is defined at KRS 222.005(15).

(20) "Regional team coordinator" means an experienced team member delegated by the Executive Director to support KCCRT members in one (1) of the fourteen (14) Division of Emergency Management regions of Kentucky, who may:

(a) Serve as a local and regional contact for planning, exercising, training, and responding to crisis or disaster in coordination with the Kentucky Division of Emergency Management, the Department for Public Health, or other organization designated by the executive director;

(b) Convene a regional team meeting;

(c) Conduct ongoing team training;

(d) Complete written reports on crisis services performed by KCCRT in their respective region; or

(e) Serve as liaison for communicating needs of regional KCCRT members.

(21) "Team leader" means a team member appointed by the Executive Director to direct other team members during a crisis response.

(22) "Team member" means an individual who meets the requirements for membership pursuant to 106 KAR 5:010 and 106 KAR 5:020 and is a current member in good standing, as determined by the KCCRB Executive Director. (33 Ky.R. 3113; 3597; eff. 7-6-2007.)